

A Quest For Self-Discovery: A Study Of Enlightenment Of Paulo In ‘The Pilgrimage’

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ABSTRACT

The Pilgrimage is a novel highlighting the journey of Paulo, the protagonist, as the author Paulo Coelho wrote it by getting inspired by his own life-story. Thus, making the novel an autobiography of author himself, as he made his way across northern Spain to the road to Santiago in quest for his sword. Quest is an arduous search for something. This study investigates the notion of questing for self-discovery and struggling to achieve it and then as a result enlightening one's soul and mind. It mainly depends upon two revelations: initially, concentrating on the protagonist's quest for a sword that was in fact his search for himself i. e; for his self-discovery and the second concern of this study is protagonist's personality enlightenment after undertaking the voyage. The present research is descriptive qualitative as it uses description to analyse the data rather than numerical statistics. The two data sources utilised in this study are the primary data being the novel itself and secondary data sources as gathered from internet, journals and other articles. Theoretical approach applies Self Determination Theory as a meta-theory comprising Goal Content Theory as its mini one related to the protagonist. The result illuminates the protagonist's hardship in setting foot toward his objective, as his sword was snatched from him as a penalty of his avidity and then in order to seek it became his objective to fetch it in any way. As Goal Content Theory includes the intrinsic and extrinsic aspirations that the protagonist was experiencing as was working for his personal growth as well as with societal contributions i. e; (to get his sword as a reward at the end and also to follow his master's order and with his wife's support). He as a result learned many lessons while travelling on the road of Tradition, however facing bitter situations practising various RAM(Rigour Adoration and Mercy) exercises and leaving his family and business behind proved him to become an enlightened being.

Keywords: Quest, discovering one's self, penalty, avidity, enlightenment, Goal Content Theory, determination.

Introduction

Quest is a passion to seek something, the arduous search for something, in the real life situation due to some changes i. e, moving from objective position to subjective position; from poverty to richness; from ugliness to beauty and vice versa. In accordance with when someone possesses a quest for something this means, truly he/she wants to accomplish the intended objectives of quest. Quest can be anything as stated, may have a new destination that fulfils some inherent deficiency in life, or something that was taken

away due to certain conditions. Quest is defined by (Propp, p. 36). This may be due to that authority want to teach some lesson in the journey of quest to gain a certain thing i. e; (power, money, some ethical value etc.), then he feels some empty space in him that is he feels incomplete within himself and there the process of quest (to seek something) starts and person sets a particular goal in his mind and starts his journey. Another form of developing a quest for something is when a penalty is set on a person for certain reason and it alters into the quest. Penalty is a kind of punishment imposed on a particular

person who has done something wrong i. e; if he has break some rule or disobeyed law or has made violence, he is asked to give penalty of that wrong doing that would be a kind of substitution. By going-through the punishment a person starts developing quest to achieve it, and leading to the concept of self-discovery.

Concept of self-questions 'who am I? and 'what I am' we struggle to find the hidden treasure within ourselves ,while identity is different to self as it the face that one shows to society that how society perceive individual and that how individual is viewed by society we seek to find that treasure one has to travel through the darkness of oneself and by the outer world of uncertainties, the quest for self-discovery is known as self-craft that is to work on ourselves by identifying the actual meaning of our existence (The Secrets of the Self: Lines 88-90, 118-20, P. 10-11) because at the very end of life all will remain is solely one's self and one has to struggle with himself. So, it is better to seek oneself in this world as we have to be answerable for it in the next world. The one who struggles with the quest for self, identifies himself especially with spiritual self that is due to enlightenment.

Enlightenment, a state of being enlightened, means a person's mind is illuminated in such a way that he become to see the things which others cannot, this widening of mind and sense, broadened the way of sighting things and ultimately is the true source to find Him (the super-power). Enlightenment can also be seen in a person if a person tries to correct faults in him or try to abolish his weaknesses, thus this spiritual awakening or self-realisation is termed as enlightenment in any individual (REN XUE of the Americans, Sally Hinds, 2014).

The identity of the novel as seen objectively is argentic that is the individual's power to control his or her own goals, action and destiny, and argentic self is the aspect of human personality that is determined by future assessments of one's goal and actions (The Nature and Functions of the Argentic Self, Patrick McNamara, 2011). While,

subjectively the novel is viewed as a tale of self-discovery in which the protagonist decides to join a voyage in order to find his sword that was snatched from him because of his avidity.

The voyage is not merely the journey of individual but hence a travel to seek self as we see in the article The Quest for Self-Discovery: A Study of the Journey Motif in Kahf 's The Girl in the Tangerine Scarf, 2006 and Aboulela's The Translator, January 2016) Khadra and Sammar taking a voyage for self-discovery they make their journey to find their identities to their home-town which then become the search to find their inner selves. Khadra Shammi a girl of Syria undertook many journeys and after travelling becomes a completely different person, as first voyage she undertook was in her childhood to United States, she experienced many things there then she performed pilgrimage to Mecca she felt herself completely transformed person, other two journeys to Syria and Philadelphia respectively. Often the voyages a person takes knowingly or unknowingly become their source to find their own selves.

As in the other novel Aboulela's The Translator (Author, 2016) we see the protagonist Sammar hits from depression due to her husband's death and then she moved to Scotland where she met Dr. Rae Isle to whom she fell in love with but as he refused to convert to a Muslim she returned back to Sudan and started to think about her life and future. Thence, the journey proves for her a source of self-realisation and self-discovery.

Paulo's voyage to Santiago de Compostela in search of his sword in the novel 'The Pilgrimage' echoes the same idea. The protagonist eschews his hearth and home, wife and domestic strife, and wholeheartedly engages himself in a long search for the sword which symbolises ancient wisdom and represents his anointing as Master and Knight of the Order of (R for regnum, A for agnus, and M for mundi). First, we see Coelho being guided by his master Petrus who was a kind of guide for him in finding his sword and to

travel along with Paulo to the road to Santiago. He was in fact there to teach him Regnum Agnus Mundi exercises, sometimes all we need is someone who motivates us to move forward whether in the face of some guide/coach/family member or peer group. There is always some force who keeps a person moving to achieve a particular task.

People choose to take tedious voyages in order to achieve their goal and are determined all the way through it. In any way if a person gives up and loses hope they will be unable to accomplish their particular task. Whenever, a person loses hope or tries to give up their self-determination breaks-down and then they cannot overcome their particular target. When a person is inspired or motivated he can take over the task very easily. For instance, when a Muslim decide to perform pilgrimage and thinks of the long route to Mecca and the obstacles on the way leaving his family behind is not an easy task, it will only become possible if his self is determined to perform the voyage to Mecca. Visiting various places and performing rituals and other duties is not an easy task but if oneself is determined to perform all in order to please their Lord and to fulfil their duty making a mind and to stick with that inspiration helps to accomplish the task.

Determination for seeking goal:

Determination comes from within oneself; if a person is determined to accomplish a task he will be succeeded. However, the environment too plays a crucial role in developing motivation but if a person himself is not ready to take the risk he would be unable to accomplish his task. As the Paulo himself undertook such long voyage and on the way he met many inspirations as first his wife helped him and motivated him to carry on with his goal as in the novel (Arrival page no.9) his wife motivated him by saying 'Not to worry', she said for the thousandth time. You're supposed to go to France and, at Saint-Jean Pied de Port, seek out Mme Lourdes. He will put you in touch with someone who will guide you along the Camino de Santiago".

This shows the protagonist's wife consoling him and giving him motivation that he need not to worry on the way there are people who will guide you throughout his journey. And at the end we see the protagonist when one door away from his goal when loses hope one sheep motivated him by her action as when Paulo saw him standing alone and rest of sheep in group in front a struggling path, no hope to return to her group Paulo thought about himself standing all alone in struggling paths and no way to return back to his Suddenly, when he saw the sheep crossing that struggling path and returned to her group within no time he became astonished and this gave him inspiration and he decided to continue his struggle for the sword. We find the novel's protagonist as intrinsically motivated toward finding his sword that we see in the start of story he processes it but then was deprived from it by his master due to his avidity, the master snatched the sword from him because of his pride that he showed by obtaining the Then we see as the story progresses he is seen been motivated by different people besides being self-motivated in quest for his sword first by his wife then by his master Petrus and then guided by sheep, so we see whenever he tries to lose hope that nothing is going to happen he is then guided by some But on the contrary we see that it was his own self-determination that keeps him to continue his struggle as he has left his business and family aside in search of his sword. Every success story has a huge amount of hardships along. As it is said; 'Difficult roads often lead to beautiful destinations' (~Zig Ziglar). No one can get the fruit before it is ripped and it becomes ripped when there is day and night struggle behind it. The farmers work from dawn to dusk without looking at the weather conditions whether there is heavy rain or dazzling sun. They have to work to earn their living and in order to grow their crops so that their crops would grow and give fruitful results. In every food we eat is the result of unending hardships of the farmer.

In the present research the aim of the study is to highlight the protagonist's quest for self-discovery that is to find himself and ultimately

God. People take long voyages to various countries and areas to learn unique things as they travel and explore the world, they experience different things and master them in their own way, hence their mind and personality become enlightened and this broadens their sense and actions. Every journey that we see taken by the characters is before their downfall as above-mentioned novels too convey the same idea that after some unfortunate situation characters of the novel decide to take voyages in order to change their mind-set, and then by experiencing certain things in life

they find the true meaning of life and the journey proves to be their source to discover their self.

Half the thing is achieved when you start struggling about it and when you start to struggle to achieve your goal it would become more near and dear to you. The point of focus is the supreme thing whenever you decide to start something because when you will set some target into your mind the things will appear more clear and pure to you. Many failures are due to the individual's lack of focus, and they just start the particular task without knowing the results of it and then become disappointed at the very end because they return empty-handed. This is because they haven't set any target in their mind before comprehending. However some contrary thoughts too revolve around the mind that 'to be or not to be' but if a person is determined he would not care about the 'not' slogan, even if people would mock him or would degrade him that you could not accomplish that particular task. Keep on moving and moving, although many hardships would stop the way but ignoring those hardships and keeping in mind the set goal will be helpful to achieve the particular task.

'If the winter season comes, can the spring season be far behind?' This is the last line of the famous poem 'Ode to the West Wind' written by the most famous romantic poet P.B Shelley. In this line he has beautifully depicted the idea of hope that if bad days come good days will not be far behind. If a person keeps

this thing in mind he would keep on moving towards his goal, when his focus is solely at the goal itself. And he would be able to face the crucial circumstances with brave-heart and would never become disappointed. He will always keep this in mind that after every dark night there is a fresh morning as it is said that; 'Every dark cloud has a silver lining' means there is always something pleasant in even darker things. To keep hoping to make things go well. A goal can be accomplished when you are determined to take over the particular task. When you crave to achieve something, you undertake every obstacle on the way God himself starts helping to achieve that particular task. The struggle matters a lot, because as you will give up you will eventually fail to achieve your desired task. Inspiration comes from inside, when you are intrinsically and also extrinsically motivated this would open new paths for you and some mysterious power will guide you to continue your task with the same zest and zeal. Many trials will be part of your journey, tough times will move with you hand in hand but this is the point where you don't have to lose your heart and keep hoping to get things better and just targeting your goal and then ultimately no one can come between you and your goal.

Research Questions:

1).What was the reason behind Paulo's quest for a sword? 2).Why was Paulo ready to undertake such a tedious voyage? 3). How can a person become spiritually enlightened?

Statement:

Self plays a vital role in personality building; a person leads their whole life in quest for seeking one's self. One who finds themselves is considered that he has found God indeed, and his mind becomes enlightened. But this can only become possible if a person is determined to take any journey or obstacle to be successful in any walk of life only then he could find themselves. The present research is concerned with the protagonist's journey being self-determined in quest for self and

then how he becomes spiritually enlightened by the end of his journey after accomplishing his objective.

Significance of Study:

The study will appear as a means to promote the idea of taking tedious voyages in the quest for something that would prove to be a source to find the real self and ultimately to find the Superpower then mind enlightens and a person come across his real self and perceive himself accurately and learns many spiritual lessons and at the end of his journey finds himself completely transformed individual.

Theoretical and methodological approaches

The current research uses qualitative descriptive methods, because the process of analysis is jotted descriptively rather than using numerical statistics. It uses two data sources. It uses primary being the novel itself and secondary data sources as gathered from internet, journals and other articles. The current research uses the theory of self-determination introduced by Deci and Ryan (1985) in their book *Self-Determination and Intrinsic Motivation in Human Behavior* for the first time, a theory of motivation toward a particular goal that we see in novel's protagonist quest for his sword. Self Determination Theory being a meta-theory consisted of six-mini theories from which Goal Content Theory is utilised for the present study as for the protagonist seen undertaking a tedious voyage in quest of his very goal working with intrinsic and extrinsic aspirations respectively.

Applying Self Determination Theory on Coelho's novel we will investigate the fact that how a person's self-motivation helps him/her to achieve a target. Self Determination Theory is that meta-theory that is made with the fusion of some mini-theories that opens up the deep self-determination concept that people are determined sometimes intrinsically while often extrinsically I.e. , (when some external power drives him to step forward toward one's goal).All mini-theories

state the self-determination in particular using different means that is: sometimes a person is self-motivated in attaining search of some reward or from the fear of failure, while sometimes society pushes him forward to that particular goal.

Self Determination Theory according to Deci and Ryan(2000) is a meta-theory of human motivation and personality that is made up of several mini-theories that all fuse together to make the main theory i. e (self-determination theory).It is divided into in to two types that is intrinsic and controlled motivation, intrinsic motivation is concerned with the inspiration that comes from within oneself while the controlled motivation appears from some secondary source that is;(guide, coach, in gaining some reward e.t.c). Self Determination Theory rests on the notion that the individual is involved continuously in a dynamic interaction with the social world - striving both to satisfy needs and to respond to environmental conditions that support or oppose needs.

Mini theories state that individuals strive for some basic psychological needs i.e (autonomy, competence and relationship).Cognitive Evaluation Theory a mini-theory of Self Determination Theory works with autonomy and competence. Autonomy is the need to feel self-effective and self-directed while competence is to feel masterful and determined in a way that oneself can achieve his goal or desire. For example (Deci in 1971) said that an external factor also helps to motivate people intrinsically, for instance in the quest for achieving money some people are determined to accomplish their task. Then, people appear to be determined when they are under control of such extrinsic motivators as deadlines (Amabile et al. 1976) and surveillance (Plant and Ryan 1985) also diminishes intrinsic motivation and become controlled rather from within oneself.

(Ryan 1982); said that positive feedback too is helpful as supporting competence and then according to (Mageau et al. 2009; Plant and Ryan 1985) declared that people's own

feelings, cognition and perceptions are helpful to be intrinsically motivated like if a person wants to accomplish a certain task because of satisfying ego or self-esteem then he/she will be more determined to accomplish that task, hence making it controlled way.

Organismic Integration Theory asserts that internalisation plays an important part being motivated in which by the side of autonomy and competence, relatedness also plays the vital role as in relatedness(need to connect close to others) i. e; a person is motivated by seeing his/her close ones performing that particular activity and in result they become intrinsically motivated to attain the same position ,work hard and are determined to accomplish it.

For instance, encouraged college students to take a look at extra, pay more attention in class, and get better grades (Vansteenkiste et al. 2004).In the location of fitness regulation, autonomic motivation leads to better self-law in weight loss and weight reduction maintenance (Teixeira et al. 2010), in addition to smoking cessation (Williams et al.2009). Autonomous sorts of motivation additionally play a critical function in lengthy-term sports perseverance (Pelletier et al.2001) and self-monitoring of prejudiced responses (Legault et al. 2007). Causality Orientation principle also is associated with the society and social contexts that are greater d dependent on the surrounding environment, autonomy orientation is associated with vanity and self-actualization (Deci and Ryan 1985), and when fundamental psychological needs are happy social interactions emerge as positive(Weinstein et al. 2012).

Simple psychological want idea pronounces that humans also come to be prompted while they are pushed through fundamental psychological desires, former was the innate mental desires even as those are the fundamental ones that everybody wants. Humans try to earn their living and attempt to accomplish their obligations. For instance, the pleasure of psychological needs has been linked to openness (Hodgins et al.2006), increase and developmental maturity (Ryan

and Deci 2000), power, vitality, nice impacts, and the relative day-by-day absence of psychological and physical symptoms (Reis et al. 2000). In evaluation, while psychological needs are unmet, people enjoy extra apathy, irresponsibility, psychopathology, vanity, and lack of confidence (Ryan And Deci 2000). The goal content material principle states that someone's values and belief machine also is important in growing motivation toward their purpose. For instance, if someone values money and the economic machine he is more prompted whilst it's going to come to cash while if someone values near relationships in assessment he might be extra encouraged on the subject of their family members. Kaser and Rayan 1996 state that when someone is intrinsically prompted then he/she is more envisage to perform a positive mission in comparison to a controlled one in as goal content material idea people are motivated in the direction of the goal because of some value in the back of in that case individuals who are pushed to money or economic status are less productive and revel in extra anxiety and depression.

Relationship Motivation Theory tends to motivate in a way when relationship works like if you care for your partner this would either means that you are motivated to do so because your partner also cares for you or this might be possible that they consider the relationship to be worth that is why they are motivated with that(Deci and Ryan 2014). Autonomous relationships also work when a person is motivated when he possesses a relationship with their particular group i. e; being Black, German etc. they feel proud of their identity and are inspired to be with them and work with them this too is intrinsic motivation that comes within oneself (Amiot and Sansfacon 2011). Deci et al. 2006 states that people are motivated to be in close relationships so that they can also be given that regard in return.

In this study we are concerned with Self Determination Theory in Paulo Coelho's

novel 'The Pilgrimage', Self Determination Theory consists of two types of motivation i. e;(intrinsic and extrinsic),while one is that of self-regulation in which a person is motivated with the support of extrinsic contingencies and that latter become their personal values and self-motivation, we found from the detailed analysis of novel that in this novel the protagonist is in search for

his sword that he has lost because of his avidity and thence was deprived by the master from his sword and then seeks for it being intrinsically motivated however was guided by several things in the novel.

A Quest for Self-Discovery in 'The Pilgrimage'

Paulo Coelho a Brazilian writer is a well-known writer of all time as he prefers realistic writing over fictional works and utilises his own experience in his works. The present novel under discussion is Coelho's 'The Pilgrimage' that was first published in Portuguese with the title *O Diário de um Mago* in 1987, and with an English version first published as *A Diary of a Mage* in 1992, written as an autobiography of the writer himself being inspired by his voyage across northern Spain to Santiago and it became Coelho's bestselling book translated into It was written after the writer completed the *El Camino* himself which gained the English title of *The Pilgrimage* in 1992,2012. The journey that intake in the novel *The Pilgrimage* is though premised to travel across northern Spain to France, although, brought different kinds of suffering and exploitation to the character Paulo but inner stigma the travelling is actually based on the quest of the protagonist for self-discovery that is the major concern of the current research. In the first phase of his journey starting from Spain is slightly convenient and based on minute comfort, later on with the passage of time and the context of journey hardships are being faced as shown in the novel.

Reason behind his quest for sword:

The present study describes the protagonist's initiation journey, as it begins with the character of Paulo, the thirty-eight years old man about to receive full initiation from his Master into an ancient and mysterious religious order called RAM as R as Rigour (Regnus), A as Adoration(Agnus) and M Mercy(Mundi). As he has struggled much in reaching to the position where he thought he has learned his lesson and thus has buried his old sword, that old sword has to be buried under the earth on the condition that he has gained all of his knowledge and made his promise that he would remain on the path of Tradition. But , unfortunately when he was about to reach for his new sword his master came forward and stepped on his fingers and declared that he had failed to learn the last and most significant lesson.

As he has shown his avidity in making haste to fetch his very sword that rather he ought to refuse because God's path is not chosen for a few but is everyone's path and that he is a Magnus now. And now he has to start the journey all over again, and told him that now he should find his way in simple folk. He made his mind in seven days in dubious situation that whether he should take the voyage or not as he was inferring that no one has yet find God and it would prove an impossible task as he wrote I feel that I've been duped, that the spiritual quest is entirely senseless and illogical, and that I would be better off in Brazil, doing what always did. I doubt my own sincerity in this quest, because it's hard work looking for a God who never shows Himself, praying at specific times, travelling strange roads, leading a disciplined life, following apparently absurd order (Preface; #viii) and then after wandering for a long period of time he decided to take His master who wanted him to undertake the journey from France via Saint-Jean-Pied-de-Port across northern Spain to Santiago that was about seven hundred kilometres. People travel to this road as a pilgrim from a long time till now which is called as *El Camino* which means the way or road and then Paulo was said to arrive at Santiago de Compostela a town where a tomb of a Saint James an

evangelist is located, he spreads Christ's teaching after.

Paulo's readiness to undertake such tedious journey:

As in the present study it is noted that searching for his new sword was set as a penalty on him. The protagonist of the novel due to his avidity of processing extra understanding and that he has gained and become confident approximately it and become about to attain to his sword, however, alas his master snatched his very sword from him by using pronouncing that he has didn't analyse the ultimate and maximum important lesson that is simplicity in preference to showing pride as God's course isn't chosen for a few it's far for all people. His wife too supported him and encouraged him that he should continue the adventure and that it'd prove fruitful for him, she made him consolation from the side of the circle of relatives and enterprise matter that she took on the obligation to look after it handing him tickets as he wrote 'no longer to worry, she stated for the thousandth time 'You're presupposed to go to France and, at Saint-Jean-Pied-de-Port, are looking for out Mme She goes to place you in touch with a person who will manual alongside the street to Santiago.'"(Arrival web page 9).

On the way to his journey, he's supported through his grasp by Petrus who turned into a guide for him to lead his manner to the road to Santiago as he has performed the title of master and now shall lead others for their same quest. Petrus and Paulo were members of RAM which is a Catholic sect for symbol examination of Opus Dei and it stands for R as Rigour (Regnus), A as Adoration(Agnus), and M Mercy(Mundi). The call of the order approaches Regnus Agnus Mundi, Rigour, Adoration, and Mercy (Coelho 2004, 2). For the duration of their voyage, they performed eleven RAM sporting activities to make the search for the sword extra easy because the master Petrus stated to him that he must guide him and that now that is upon him how he makes use of his intuition by linking these

physical activities along with his The physical games consist of to recollect himself as a seed, then became the relaxation exercise, of meditation, of calling upon a divine messenger for help, of dealing with demise and six greater sports that have been the lifestyles-changing sporting activities and bind all wholesome activities in it that we forget about else sensible in turning into too busy in our daily He also taught him love workout that how can a person gain the strength to examine and increase sympathetic feeling for each character residing in this world. Petrus taught him, sports in a certain series as they made their progress to the street to Santiago, Paulo also learned the exercising of re-delivery i.e: imagining that he has just arrived from mother's womb and is in the process of rebirth taking a fresh start, that Paulo did began his journey by not considering the journey as a punishment rather as a goal to reach at it. Like when he says ; "The deliver is more secure when it's miles in port, however, that isn't what ships had been built for" (Saint Jean Pied de Port pg #24).

How can a person become spiritually enlightened being:

Whenever a person possesses some dream he is likely to work for it and chase before it and during the journey he explores various strange things that were never seen before by him and he is likely to learn various lessons on the way in following his dream. And the one who do not pay heed in following their dreams and remain in their comfort zone does not explore anything and their example is that of the stagnant water that remains at one place and become more smelly and dirty no one likes to even walk beside it as compared to the fresh water of stream and lake that continue to travel along the rivers and seas and gets fresh water from So, is the case with an individual when he travels and explore the universe he remains fresh and learns various things most importantly, finds the meaning of life and of his existence and the one who has find the meaning of his self has thus found God and the one who has found Lord God has found .

The RAM [Rigour (Regnus), Adoration (Agnus) and Mercy(Mundi)] exercises gave him the insight to view the world from different angles. As they made their way on the road to Santiago Petrus taught Paulo various exercises in sequence that can be a source of enlightenment of mind and soul of any individual. The exercises include the Seed Exercise_ experiencing rebirth, the velocity Exercise_ focusing on the speed of walking on the street, the Cruelty Exercise_ revealing the connection between physical and religious pain, the Messenger Ritual_ developing conversation with the divine messenger, the Arousal of the instinct(the Water workout)_ improving creativeness, for awakening the instinct, the Blue Sphere Exercise_ experiencing customary love for all humanity, the Buried Alive Exercise_ experiencing the state of affairs in the grave the cause and effect, the RAM respiration Exercise_ to revel in harmony with the sector, the Shadows Exercise_ reading shadows of diverse objects and those and seeking to discover them, the Listening Exercise_ hearing minute sounds from the encompassing to such a volume that the voices from beyond, gift and destiny start achieving to our ear, the Dance Exercise_ conversation with the endless intelligence. All physical activities cowl about all the healthful components that if once be indulged in a human he might emerge as spiritually enlightened being both spiritually and physically as when he could research the phenomena of rebirth he would like to take a fresh begin and take into account everything new as he said that 'when you journey, you revel in, realistically, the act of You confront absolutely new-conditions, the day passes more slowly, and on most trips, you don't even recognize the language the people communicate. So you are like a baby just out of the womb.

The majority make pilgrimages to purify their soul and to examine training using travelling to lengthy distances they too pass through these kinds of sporting events as experiencing a rebirth as in one of the Hadith regarding pilgrimage Prophet (S.A.W. W) stated that "Whoever plays Hajj for the delight of Allah

and does now not have sexual intercourse with his spouse, and does now not do evil or sins then he's going to return (after Hajj loses from all sins) as if he were born a brand new. Inside the same Christians perform pilgrimage with a purpose to get benefit to their thoughts and soul as worldly affairs make a person pissed off and then is a factor when he wishes escapism from worldly affairs and turns to Lord God. In lots of cases, people tend to transport closer to God when they grow to be upset with their lives and couldn't find which means of existence then they adopt a journey to explore themselves and the arena, i. E; they start to locate that means of life of this very global and by finding such things they begin the quest for God and ultimately as a result they discover Him and the one who has found Him has certainly discovered the whole lot. People make their way to such far places so that they will get peace of thought and be on the right route. So, because the outer and bodily adventure is observed by internal religious adventure, all of the physically difficult paintings and attempts are to enhance our internal self and to find out our being and this, therefore, results in the enlightenment of a man or woman. : "A pilgrimage includes an adventure from one place to another, from one thing in one's life to another. Due to this movement, many human beings revel in pilgrimage as a transformation" (Gesler 1996, 95–one hundred and five).

Significance of Dreaming:

Petrus made him realise that the road they are travelling in this search is the road of power because now that Paulo is enjoying the journey in quest of getting his sword and bearing every hurdle to achieve it that is now his quest in getting to it is becoming his pleasure and which is now considered fruitful by time because now he is following his dreams then he said; We ought to in no way forestall dreaming. Dreams offer nourishment for the soul, simply as a meal does for the body (page # 61). This line shows the importance of dreaming and not only dreaming but struggling to fulfil them. A person dreams when he wants to become

something, or want to gain something, and those dreams then don't allow him to sleep at night because people see them with eyes wide open and want to meet them as soon as possible and work day and night to achieve it. According to Petrus, if dreams die off eventually, the soul dies and agape cannot reach which is the foremost step in learning the RAM practices. The good fight is the one that is fought in the name of our dreams, he said. When a man does not give time to his dreams to flourish after a certain period of time they vanish like they never existed, and if he struggles for them to achieve they become daily refreshed and become alive. And when a certain dream is fulfilled a sense of sudden delight and peace of mind is achieved, all the struggle and hurdles that one has endured on the way seems nothing and it is not possible that if a man is struggling for something and is bearing everything for it, does not fetch it at the end, he definitely As Lord has gifted man with power and strength and the one who utilises these two in an efficient manner can get success as success is from Almighty but a must for it is hard work and willingness to complete the task by hooks or by crooks. But if a man is afraid to fight a good fight that is afraid to follow his dreams he could never achieve them. Second reason that he put-forth was person's certainties, he himself start inferring that this could lead to tough workouts, he thinks about the sweat and hardships and these thoughts become an obstacle in their way and they cannot continue the journey instead they should wonder the positive outcomes as of getting reward at the end and that of achieving the very objective that one wants to achieve. And above all they should wonder if we are fighting a good fight.

The third mentioned reason that one could not take the journey is peace. They do not want to get out of their comfort zone, because they do not want to get out of their comfortable lifestyle killing their dreams, and that dreams do not die permanently rather at any stage they start growing within us again. And one day while carrying our dead dreams that seem impossible to accomplish man dies of frustration, fighting within himself and with

his unaccomplished dreams. Because he wants them to be accomplished but are unable to do that due to the above mentioned three factors, but the one who do not consider these factors and continue their journey with the same zest and zeal are the real legends as they know that they are fighting with the good fight as a sword is useless if it's blades remain new and is not used in befalling of enemy then it would be useless. The sword can also be used both positively and negatively as used in robbery and to harm someone in a negative sense and positively when to defeat the enemy and using it in the name of God. Don't be pushed around by the fears in your mind. Let yourself be guided by the dreams of your heart (Roy T. Bennet). He continued his journey and his hard work and as a result he would definitely achieve his goal.

Then Petrus talked about the 'personal devil' that existed within one self as every person carries with him one angel and one devil, and it is upon the person which path he follows. Devil is also an angel but it was that angel Who does not observe the practice of Lord God because of his pride? as he refused to bow down before the man who was made up of soil and he showed his avidity by saying that the man is made up of soil and I from fire, we are superior from them why should we bow down before them, everyone else followed His order except that one angel now known as devil who was named as Beelzebub in Milton's Paradise Lost, he then became a fallen angel and he promised God that now he will make His man astray from Your path and in return God promised him that the one who are my chosen one's would not follow you. And there the battle between good and evil started and now all this depends upon a person whether he follows the path of God or of the devil. Personal devil lies in a person himself, that devil keeps on pushing negative thoughts in people as to make feel them as useless and inferior being and the one who loses hope and traps in the wrong web of his useless talk he becomes his prey and the devil becomes happy as his promise with the God fulfils and the man makes the his God On the other hand the one who do not listen to the devil side of

his personality and instead focus on the angelic side are the ones who succeed in getting their objective fulfilled, they in return gets peace of mind and soul and get mercy of Lord as they have followed His order rather following the devil, in this way they become an enlightened 6 Enlightenment attained after exploring the world:

Conclusion and recommendation

From the above mentioned chapters in a nutshell, researchers can infer that the protagonist of the novel first does not seem much interested in taking on a long voyage to Santiago by doubting his journey whether or not he would become successful in achieving his sword at the resolution of the novel. But as his journey progresses we find him becoming more and more curious about his given task and the reader can see how the penalty imposed on him was now becoming his quest for the given task as once he started his expedition, the quest increased more and more during the voyage and he learn and experience different things, as when a man start his voyage he explore different things and discovers his self indeed. In the present novel the protagonist of the novel started his journey as a penalty of his avidity but as soon as he started his journey he gradually became more interested in reaching his goal. By practising various exercises on the way he became more efficient in the granite of carrying with his objective. At the end he found himself completely transformed being as wanted to become the Master in RAM [Rigour, Adoration and Mercy] and for that he was told to find his in elementary people in order to amble on the road of Tradition. In this way his soul and mind became enlightened, by scrutinising himself, as his agony was abolished and he received his sword and the medal of Order of SanTiago of the sword.

Recommendation

The present research found that when an individual possesses a quest for his goal or objective, in following that his mind and soul become enlightened and ultimately he finds

the purpose of his being and the existence of God. Therefore, it is recommended that one should seek for his dreams and goals and fight with every possible obstacle on the way. This however, will prove fruitful for him in any way.

Numerous works have been done on this novel but there is always a chance of heading for research as some spaces are left empty for future researchers. Articles on 'spiritual journey' 'travelogue' 'individuation' 'soulful exercises' 'The miss anthropologist' 'quest for Ancient Wisdom'. The gaps can be filled if the future researchers carry their research work as in the present study there is; The lack of detailing the RAM(Rigour Adoration Mercy) exercises.The lack of finding that how penalty alters into quest for something.

This study will also open new paths for the future researchers to carry on with their research.

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