

Review: Healthcare Informatics , Nurses And Assistant, And Healthcare Management Responsibilities In Facilitating Obstacles Facing Patients Centred Care

Hajar Farhan Alhawiti¹, Maryam Al Al Ali², Adel Fayadh Shihadah Alanazi³, Abdulsalam Ali Alobaidi⁴, Luluh Fahad Buraysim Altaymani⁵, Ahlam Saad Al-Shehri⁶, Tahani Mudhi Alabdli⁷, Yaser Mohammed Al-Shahrani⁸, Ali Ahmed A Merza⁹, Wafa Rasheed Shabak¹⁰, Alyah Saeed Al Nwaf¹¹, Njoud Maayouf Althoubaity¹², Youssef Hassan Ghallab¹³, Yahya Saeed Alzahrani⁷, Rabia Suleiman Al-Azmi¹⁴, Khalid Tamim Alhudayan¹⁵

*Specialized Dental Center, Technician Health Informatics¹
Health Information Management, Riyadh First Health Cluster²
Healthy Assistan, Tabuk Maternity and Childern's Hospital³
Um Albarak Primary Health Care, Health Administration⁴
Health Administration Technician, Tayma General Hospital⁵
Nurse, Alrabie & Altawfiq Phc⁶
Nursing, East Jeddah Hospital⁷
Nursing Specialist, Khamis Mushait General Hospital⁸
Al Noor Specialist Hospital, Technician-Nursing⁹
Nursing Technician, Al Jamiah Phc¹⁰
Nurse, Dammam Central Complex¹¹
Nursing Technician, Directorate of Health Affairs¹²
Dammam Medical Complex, Staff Nurse¹³
Nursing Technician, King Khalid Hospital in Al Majmaah¹⁴
Technician Health Informatics, Moh¹⁵*

Abstract

Healthcare systems, organizations, and providers, including healthcare informatics, nurses, assistants, and healthcare administration, face the challenge of arranging patient care within limited resources. In order to effectively implement patient-centred care (PCC), it is necessary to remove any obstacles or hindrances that may arise. Thus far, there has been a dearth of thorough examinations on potential factors influencing patient-centered care (PCC) in diverse health and social care organizations (HSCOs). The findings underscored the patient's uniqueness, cultural beliefs, comprehensive care, the significance of robust healthcare provider-patient connections, and a patient-focused setting. The nursing, administrative, and informatics staff regarded PCC as having a good impact on the quality of nursing care and the job satisfaction of nurses. The findings provide detailed insights into the viewpoints of nurse managers regarding patient-centeredness and identify specific areas that require improvement.

Keywords: *The significance of robust healthcare provider-patient connections, and a patient-focused setting.*

Introduction

It is widely believed that patient-centered care has a greater number of advocates than practitioners. However, it is worth noting that concepts of person-centeredness and patient-centeredness are increasingly being adopted by policymakers. As a result of recent discussions concerning patient-centeredness and person-centeredness, there has been a noticeable change towards a more inclusive and equitable connection between professionals and patients. In line with the activities of other healthcare providers across the world, Swedish medical professionals are working to improve the position of patients and encourage their engagement in the provision of medical treatment [1]. Although patient-centered care and person-centered care (PCC) are sometimes confused with one another in the literature, it is important to note that in both approaches, professionals are encouraged to recognize the patient as an equal participant in the process of developing and evaluating their individualized care. The available evidence indicates that PCC may be administered in an efficient manner, and patients who are dealing with chronic diseases can reap the benefits of this therapy [2]. In addition, researchers have reported that PCC can be aided by skilled professionals who possess strong communication skills, as well as by excellent leadership [2]. The adoption of PCC continues to be irregular, despite the fact that both facilitators and impediments have been identified. According to the findings of one study, the context of the care environment has the greatest potential to either help or hinder the implementation of PCC in clinical settings. There is also the possibility that the implementation of PCC will differ based on the patient populations, providers of care, and settings, as well as the degree to which both professionals and patients comprehend what constitutes caring [3]. Other problems that are associated with patient-centered care (PCC) include the presence of professional practices, attitudes, and cultures; professionals who mistakenly believe that they are practicing PCC; or the tendency to revert to disease-centered care when they are under pressure. The process of putting person-centered care (PCC) into reality continues to be a tough endeavor, and it is imperative that person-centeredness be taken into consideration in a

broader context, encompassing the care environment and beyond [4].

Problems arise during the process of putting PCC into action. There are a limited number of studies that provide an explanation of how healthcare professionals can acquire the skills necessary to become proficient and well-trained PCC practitioners, as well as how they can successfully integrate theory into practice in different situations. There is a lack of knowledge regarding the lessons that may be learned from adopting and assessing PCC in the context of normal care, the priorities of patients, and their particular healthcare requirements. It is essential to address these gaps in order to get an understanding of the elements that either facilitate or impede the process of understanding, acceptance, and implementation [5].

The formation of a productive relationship with the patient, with the patient's perceptions and requirements serving as the focal point, is the fundamental component of nursing care. It is generally agreed upon that the nursing presence is the most important component of communication between nurses and patients in the nursing profession [6]. The presence of nurses, healthcare administrators, and informatics leads to an increase in the nurses' understanding of patient-related issues, beliefs, and requirements. As a result, nurses are able to engage in activities that are focused on providing tailored and holistic care to patients. When nurses are physically present with patients, they are able to cultivate trustworthy relationships with them, which ultimately results in more productive encounters. Not only are nurses in a better position to assess the patient's physical requirements, but they are also in a better position to pay attention to the patient's emotional requirements. In order for the nurse to fulfill these requirements, she must first spend time with the patient. Because of this, the nurse is able to take into consideration his or her body language and eye contact, which enables active listening to take place [7].

Review:

The researchers at the University of Gothenburg, Sweden, were able to

successfully gain national financing in order to establish the Centre for Person-Centered Care (GPCC), which was aimed at enhancing the practice of patient-centered care (PCC). There are over forty research studies that are now being conducted at GPCC to investigate PCC from the point of view of individuals who are living with long-term diseases and health professionals who are providing care [8]. There are a variety of hospitals, primary care centers, and community settings where these research were conducted. At the General Practitioner Community Care Centre (GPCC), the term "person-centered care" (PCC) is chosen over "patient-centered care" since it recognizes the individual who is behind the patient. Research in the subject of PCC is funded and carried out by this center, which is anchored within a model of PCC that has clear philosophical and practical guidance. This research is carried out in a range of healthcare settings all over the world. On the basis of three straightforward procedures, the GPCC model of PCC is based. When the first routine is performed, the patient is asked to provide a narrative or subjective description of their sickness experience, as well as their strengths and future plans. Additionally, the third routine guarantees that this partnership and narrative are documented [9]. The second routine involves the professional, the patient, and frequently the patient's relatives coming to an agreement on a partnership that includes shared decisions and goals. These routines were initially evaluated in a controlled clinical research of patients who were hospitalized for deteriorating chronic heart failure. Subsequently, they were further developed in a recent randomized clinical investigation on acute coronary syndrome (ACS), which is referred to as the index project [9].

The interaction between nurses and patients is characterized as an interpersonal and intersubjective experience that has the potential to alter the nurse in the same way that it alters the patient. Responding to patients' needs and communicating with them are other components of nurse presence. During their time in the hospital, patients are provided with a safe and restorative environment that is created by the responsive behavior of the nurse, combined with respect for the dignity of the patient. This atmosphere helps to reassure

patients and keeps them safe during a time when they are vulnerable [10].

The nurses' perceptions of the patients are not always the same as the patients' expectations; therefore, it is a good practice to inquire about the patient's point of view and to provide supportive care that is based on the individual's perception. Only in the presence of the nurse, who is encouraging the patient to voice their concerns in a setting that is both peaceful and secure, is it possible to accurately identify the patient's needs. Good clinical nursing practice is essential to meeting the needs of patients in terms of comfort and health. This can be accomplished by paying attention to the patients' physical, mental, and spiritual requirements [11].

There are a few different ways that "Nurse Presence" has been described. First, according to Watson's notion, caring is a human presence that is genuine, intentional, and centered on the heart. If the nurse is able to transmit feelings that are genuine, then the process of providing care will be more successful. The utilization of this person-centered approach provides nurses with the ability to engage in more profound communication, thereby assisting patients in recognizing their own worth and significance. By taking this technique, nurses are able to experience an increase in their sense of self-worth and motivation [11]. Secondly, according to the Parse idea, it is recommended that the nurse should spend time with patients in order to allow for this genuine presence. This is a unique approach to interacting with other people, which involves recognizing the preferences and values of other people as fundamental principles [12]. Uniqueness, connecting with the patient's experience, perceiving, going beyond the scientific data, understanding the patient, and being with the patient are the six characteristics that describe nursing presence. Available nurses are better able to satisfy the emotional, physical, and comfort needs of their patients, whereas nurses who do not understand or pay attention to their patients' needs are more likely to experience dread, anxiety, and worry [13]. Patients experience feelings of anxiety and vulnerability when they are placed in a care environment that is continuously changing and is staffed by busy nurses who are responsibilities that they must complete on a

daily basis. The inability to easily access nurses can make these problems even more difficult to manage. Patients have a need to have the impression that they are being cared for and given attention [13].

The concept of "presence" has been proposed as a core and essential concept in nursing practice by a number of different conceptions and theories in order to accomplish this objective. One of the most important aspects of nursing care is the establishment of a productive relationship with the patient, which is centered on the patient's requirements and perspectives [13]. In spite of the fact that there is a strong emphasis placed on the requirement and advantages of nursing presence for both patients and nurses themselves, actual practice is frequently quite different. This is demonstrated by a review of the relevant literature. There is data that demonstrates that the presence of nursing is contingent upon both the culture and the individual perceptions. In spite of the fact that numerous quantitative research have investigated the presence of nurses with patients, the majority of these studies provide only insufficient data due to the absence of precise definitions and biases [14]. Since the beginning of the twenty-first century, integration has emerged as a primary priority for a great number of governments and healthcare systems. Numerous nations have acknowledged the necessity of transitioning away from fragmented and stopped treatment and toward a more integrated healthcare system [15]. This is due to the fact that they have limited financial resources, populations that are becoming older, and concomitant chronic diseases. Studies have demonstrated that integrated care has the potential to enhance the continuity of care, accessibility, quality, and safety of care, as well as the cost-effectiveness of services. The idea that care coordination should revolve on the requirements of patients has been recognized as an essential component of integration that makes it possible to provide care that is both comprehensive and seamless. Furthermore, it has been seen as a particularly important obligation for primary healthcare.

With the increasing complexity of the situation, there is a growing demand for a more robust primary healthcare system that is able to provide more treatment in the community

and coordinate care both within primary care and across other levels of care [15]. There are millions of people located all over the world who have complex demands that go beyond what is generally provided by the healthcare system. Patients who have complex needs are forced to shoulder the primary duty of navigating their own journey through services and providers as a result of the fragmentation of health and social care services [15], and many report that the systems they encounter are both complicated and overwhelming [16].

Conclusion:

High-quality treatment is contingent upon the implementation of patient-centered care. The field of health informatics, specifically advancements in technology, has the capacity to either support or hinder patient-centered cancer care. Informatics enables patients to furnish their clinician(s) with crucial data and exchange information with their family, friends, and other patients. This information has the potential to empower patients and healthcare professionals, including administrators, assistants, and nurses, to have more autonomy and influence over their own treatment. Healthcare professionals can utilize information technologies, such as electronic medical records, to effectively organize patient care and exchange information with their colleagues. Patients and physicians can utilize communication tools and information resources to engage in novel forms of interaction. It is important to exercise caution when using new sources of information to prevent dependence on biased or unsuitable data. Clinicians may need to guide patients towards suitable sources of information. The primary difficulty faced by both patients and providers is the identification of high-quality information that improves their interactions without hindering them. Present research suggests that progress has been achieved in the implementation and assessment of patient-centered care models. There are still unresolved technical, legal, and practical obstacles.

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